

Shop, Eat and Have Fun by the Colours

Comenius Project

„Shop and Eat by the Colours”

2013-2015



Lifelong
Learning
Programme



Fundacja Rozwoju Systemu Edukacji

CONTENTS

Shop, Eat and Have Fun by the Colours- description... 2

Sports competitions 3

Intellectual competitions..... 6

Poster.....9

Photos.....10

„Shop, Eat and Have Fun by the Colours“ is a pursuit game - the Polish product of multi-lateral Comenius project *Shop and Eat by the Colours* (2013-2015) carried out as a part of Comenius School Partnerships.

The game took place on 19th March 2013 in Gimnazjum № 14 in Kielce.

The participants were students from partner schools from Germany, Belgium, Italy, Spain, Turkey and of course Poland. The competitors presented their skills in sports competitions (showing their physical strength) and in a quiz (answering questions about healthy food and enterprise).

In addition, a special artistic section was chosen. Their task was to create a poster illustrating the main objectives of the project.

All competitors were fairly assessed by the respectable Jury, whose members were teachers from partner schools.

Sports competitions

The game consisted of three competitive tasks which were attended by three international teams of six.

Each team was marked with a different colour (turquoise, green, yellow). For each task a team could get the following points:

1st place- 3 points

2nd place-2 points,

3rd place - 1 point.

Task 1



The first person in a team puts an apple on the chopping board and runs to the post, goes around it, and returns to the team. Then he/she gives the chopping board to the next player who puts on it one more food product (an orange, an egg, an onion, a kiwi or a lemon) and runs the distance. Each member of the team repeats the action trying not to drop any of the products. The fastest team is the winner .

Task 2

The players of each team make pairs. Their task is to get to the post (in a free style), go around it and come back to the starting point. To make the competition more difficult the members of pairs have one of their legs tied to the leg of their partner. The fastest team is the winner.



Task 3

Tug-of-war. Two teams hold the ends of rope. After the signal "Start" they pull the rope to have the middle of it on their side. The winners compete with another team. The winner of the competition is the team who defeat the biggest number of rivals.



After each sport competition there was a round of questions about healthy food and enterprise.

Intellectual competition

The object of the project is to spread the idea of healthy lifestyle and to promote local producers of healthy food. That is why the students had to present their knowledge about healthy diet as well as about enterprise and economy.

The participants make international teams of four. Each team was marked with a different colour.

The teams could get two points for every correct answer.



When all the competitions had been completed the Jury counted points gained by the teams and selected the winner of the game.

Questions:

1. Who invented money?
 - a) the Greeks
 - b) the Egyptians
 - c) the Phoenicians
2. Where was paper money used for the first time?
 - a) in Rome
 - b) in China
 - c) in Persia
3. A consumer is :
 - a) a shop-assistant
 - b) a man who consumes a lot of vegetables
 - c) a person who buys products and services
4. A monopoly is :
 - a) a free competition in the market
 - b) dominance of one producer
 - c) lots of producers
5. Which products are on top of the food pyramid:
 - a) sweets
 - b) cereal products
 - c) proteins

6. A man should drink about 2 litres of water every day. What should we drink to stay healthy and fit?
 - a) coffee or tea
 - b) mineral water
 - c) fizzy drinks
7. How many meals should young people eat every day?
 - a) 3
 - b) 4
 - c) 5
8. The best way to lose weight is :
 - a) a starvation diet
 - b) a balanced diet
 - c) giving up your favourite food
9. Which meal of the day should be the richest in calories?
 - a) breakfast
 - b) dinner
 - c) supper
10. Who needs a bigger amount of calories ?
 - a) a man with an active lifestyle
 - b) a woman with an active lifestyle
 - c) a man with not a very active lifestyle

Odpowiedzi do pytań:

1c, 2b, 3c, 4b, 5a, 6b, 7c, 8b, 9a, 10a.

Poster

The leader of the artistic section was a Turkish student assisted by Polish girls from our school. The result of the international cooperation was an impressive poster depicting the main objectives of the project.



Photos







